



Shelia Ann Traut

AUG 9, 1957 - FEB 15, 2026



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Sheila Ann Traut

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Sheila Ann Traut, née Ludeke, passed away on February 15, 2026, in Scottsboro, Alabama, at the age of 68. Born on August 9, 1957, in Cincinnati, Ohio.

Sheila was preceded in death by father Ralph Ludeke and mother Betty Westermeyer. Survived by her brother Rick Ludeke and her step-father Marty Westermeyer. Sheila is also survived by Anna Murray (Jake) and Jennifer Bennett (Drew) who loved her like a mother, and their children Hunter Murray, Charlotte Murray, Sophia Bennett, Daphne Bennett, and Ryder Bennett. She was also survived by her loyal service dog Dory.

Sheila served in the Ohio Army National Guard. She was a licensed phlebotomist and lab tech and later a love of animals lead her to become a dog groomer. She had a passion for sailing and kayaking; she felt most at peace on or around the water. Sheila also valued wellness and mindfulness, dedicating time to practicing and teaching yoga and pilates.

Those who knew Sheila remember her as uniquely creative, a sailor, a great friend to many, a devoted wife, mother, aunt, a spiritual soul, a teacher of many things, and a voice that loved to laugh. Her warmth, humor, and generosity left an indelible mark on those who had the privilege of knowing her.

May her memory bring comfort to those who knew and loved her. A Funeral Service will be held on March 2, 2026, at St Luke Episcopal Church 402 S Scott St. Scottsboro AL, Visitation at 10:00 AM, Service at 11:00 AM. A Celebration of Life will follow in Cincinnati OH at a date and location to be determined.

In lieu of flowers, memorial gifts can be made to Elder High School in Cincinnati, OH (<https://elderhs.org>), St Luke Episcopal Church in Scottsboro, AL (<https://stlukescottsboro.com>) or Shepherds Cove Hospice in Albertville, AL (<https://shepherds Cove.org>)

Services are pending and will be posted at a later time.



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Online Condolences may be left at <https://www.rudderfuneralhomes.com>



Tribute Wall

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Loraine P lit a candle in honor of Shelia.

My favorite memory of Sherry was riding bikes together, camping in the backyard and spending the night at her house. I was happy to catch up with her at our reunion last year! Take care friend!



April 1 at 12:51 PM



Kathy Rhoades posted:

We met Sheila Traut in 2009 at our first Melonseed Midwest Rendezvous (MSMR). We are a group of sailors who meet once a year to sail the little gunning dory, the Melonseed Skiff. Even though it had been a year, we inevitably start up in our friendships where we left off. Sheila was nostalgic in memorable MSMR fun times and people. She even had a quilt made with our yearly commemorative t-shirts. She wanted us to sign it as we were members of her family. She always asked about our families, was ready with a game, and was quick to laugh. Until we meet again, Sheila, sail on and watch over us. Kathy Rhoades

February 27 at 12:01 AM



Janice Cohn shared a photo to the **Tribute Wall** album.

For the past 5 years Sheila made my Monday nights brighter! I will always remember her kindness! ❤️



February 22 at 12:51 AM



Evie Keel posted:

Sheila made me smile with her quick witt and sassy personality. She was always quick to give me a hug when we crossed paths. Thank you for a being a friend, Sheila.

February 21 at 7:43 PM



Media

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Janice Cohn shared a photo to the **Tribute Wall** album.

February 22 at 12:51 AM





Memories only last if you share them

Join us in honoring Shelia by contributing to a collection of shared memories.



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